



## CALIFORNIA DEPARTMENT OF EDUCATION

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STATE SUPERINTENDENT OF  
PUBLIC INSTRUCTION

## RESOURCES FOR SUICIDE PREVENTION AWARENESS MONTH

### TOOLKITS & RESOURCES

#### 988 Suicide and Crisis Lifeline

<https://988lifeline.org/promote-national-suicide-prevention-month/>

#### California and Youth Behavioral Health Initiative (CYBHI)

<https://cybhi.chhs.ca.gov/resource-external/>

<https://neverabother.org/get-involved/>

<https://www.hellobrightline.com/brightlifekids/>

<https://solunaapp.com/>

#### Know the Signs

<https://www.suicideispreventable.org/prevention-kit.php>

<https://emmresourcecenter.org/children-and-suicide-prevention>

#### National Institute of Mental Health (NIMH)

<https://www.nimh.nih.gov/get-involved/digital-toolkit-for-suicide-prevention-month>

#### National Alliance on Mental Illness (NAMI)

<https://www.nami.org/get-involved/awareness-events/suicide-prevention-month>

#### Substance Abuse and Mental Health Services Administration (SAMHSA)

<https://www.samhsa.gov/blog/providing-hope-during-national-suicide-prevention>

month

<https://www.samhsa.gov/blog/changing-course-suicide-launch-new-national-strategy-suicide-prevention>

## **Suicide Prevention Resource Center (SPRC)**

[https://sprc.org/wp-content/uploads/SPM-Ideas-for-Action-2024\\_v2.pdf](https://sprc.org/wp-content/uploads/SPM-Ideas-for-Action-2024_v2.pdf)

<https://sprc.org/states/california/>

September 12, 2024

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## **WEBINARS**

### **McLean Hospital and Harvard Medical School**

*Heroes of Hope: Championing Suicide Prevention Together*

September 13, 2024

<https://www.eventbrite.com/e/heroes-of-hope-championing-suicide-prevention-together-registration-907292866387>

### **Jed Foundation**

*Let's Talk: Understanding Suicide and Finding Support*

September 16, 2024

[https://jedfoundation.org.zoom.us/webinar/register/WN\\_YpFTgiOwQCymL54ZTVTJZA#/registration](https://jedfoundation.org.zoom.us/webinar/register/WN_YpFTgiOwQCymL54ZTVTJZA#/registration)

### **American Foundation for Suicide Prevention (AFSP)**

[https://afsp.org/elevating-voices-for-long-lasting-change/?\\_ke=eyJrbF9lbWFpbCI6ICJhbGliaWFAY3Ijb25jZXB0cy5vcmcilCAia2xfY29tcGFueV9pZCI6ICJKWHpOdkwifQ%3D%3D](https://afsp.org/elevating-voices-for-long-lasting-change/?_ke=eyJrbF9lbWFpbCI6ICJhbGliaWFAY3Ijb25jZXB0cy5vcmcilCAia2xfY29tcGFueV9pZCI6ICJKWHpOdkwifQ%3D%3D)

### **MindWise and Riverside Trauma Center**

*Safe and Supportive Use of Social Media in the Aftermath of a Suicide* September 19, 2024

[https://riversideecc-org.zoom.us/webinar/register/4717224415629/WN\\_1WXfY-HTqO83TpShK9PCq?utm\\_medium=email&hsenc=p2ANqtz9lwp6GoqKANV2M\\_6MFiGMNPM22c5rx60AbzeW9c70N7P1MGsP927h\\_lgNhl0JWtxNlaMWypmUmiXIBOB0RrZXBO86qg&hsmi=321066058&utm\\_content=3210\\_66058&utm\\_source=hs\\_email#/registration](https://riversideecc-org.zoom.us/webinar/register/4717224415629/WN_1WXfY-HTqO83TpShK9PCq?utm_medium=email&hsenc=p2ANqtz9lwp6GoqKANV2M_6MFiGMNPM22c5rx60AbzeW9c70N7P1MGsP927h_lgNhl0JWtxNlaMWypmUmiXIBOB0RrZXBO86qg&hsmi=321066058&utm_content=3210_66058&utm_source=hs_email#/registration)