

September 1, 2024

To the parents or guardians RSMS Students:

California Education Code Section 48980 requires that you are notified in writing on how to initiate access to available pupil mental health services on campus or in the community, or both. The mental health of your student is very important to us and as always, we are ready to work with you to coordinate on any issue that may involve the social-emotional needs of your student. Below are local resources that may be available to you and your student should the need arise. Please keep us informed as appropriate so that we can assist you in caring for and providing services to your student.

- School Administration, Classroom Teachers, Program Administrators such as Curriculum Coordinator, or Director of Special Education
- Most private health care plans (eg: Kaiser, Blue Cross, Health Net, etc.) and Medi-Cal offer mental health care and/or cover mental health services as a covered benefit;
- El Dorado County Mental Health Support Services can be found here:
 - https://www.eldoradocounty.ca.gov/Health-Well-Being/Behavioral-Health
- Sacramento County Mental Health Support Services can be found here:
 - https://dhs.saccounty.gov/BHS/Pages/I-Am-A-Youth.aspx

Please let me, your student's teacher or any of the administrative staff know if we can be of further assistance to you or your student.

Sincerely,

Karl Zierhut

Head of School, Rising Sun Montessori School